

Why Little City?

- ✦ We have specially trained support staff who can help individuals and families with personal support and other life skills development
- ✦ We offer in-home clinical services and behavioral supports for challenging behaviors
- ✦ We have extensive knowledge of community resources to help meet families' needs
- ✦ We provide individualized supports and services



Learn more today!

Contact us at (773) 265-1539 or homesupports@littlecity.org

About Little City

For more than 50 years, Little City has developed innovative and personalized programs to fully assist and empower children and adults with autism and other intellectual and developmental disabilities. With a commitment to attaining a greater quality of life for hundreds of children and adults, Little City actively promotes choice, person-centered planning and a holistic approach to health and wellness.

Little City's *ChildBridge* programs include home-based supports, clinical and behavior intervention, 24/7 residential services, a therapeutic day school and special needs foster care and adoption. Little City's *LifePath* Adult Services offers a variety of residential options, employment opportunities, home-based supports, case management, day supports, Special Olympics, an award-winning Center for the Arts and more. The organization is located on a therapeutic, 56-acre campus in Palatine and has offices in Chicago.

Visit www.littlecity.org for more information.



Creating hope.
Changing lives.
Challenging all limits.

Chicago Office: (773) 265-1539
700 N. Sacramento, Suite 201
Chicago, IL 60612-1026

Main Location: (847) 358-5510
1760 West Algonquin Road
Palatine, IL 60067-4799

www.littlecity.org

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Providing jobs for individuals with disabilities

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LITTLE CITY

Children's Home-Based Supports



Center for Family &
Community-Based Services

littlecity.org/childhomesupports

LITTLE CITY'S *Home-Based Supports*

Little City's Home-Based Supports Program serves children who have autism or other intellectual and developmental disabilities and live at home. This program aims to preserve families and strengthen relationships as well as providing individualized, goal-oriented services to build daily living skills, promote community integration and enhance families' well-being.



What are Home-Based Supports?

PERSONAL SUPPORT

Little City's personal support staff help individuals:



- Master daily living skills such as toileting, hygiene, dressing and feeding
- Integrate into their communities through learning social skills, money management skills, community safety skills and navigation of one's community

SERVICE FACILITATION

Little City's service facilitators help individuals and families through:

- Linking individuals and families to community resources to help meet their needs
- Educational/vocational advocacy
- Medical and dental referrals
- Promoting and tracking life skill progress

CLINICAL SERVICES

Little City's clinical services help individuals and families:

- Create schedules to assist with daily routines
- Develop social skills for participating in family and friend activities
- Learn coping and self-soothing skills to manage stress and sensory needs
- Develop and implement behavior plans to manage challenging behaviors

WHAT ARE THE REQUIREMENTS TO PARTICIPATE IN THE HOME-BASED SUPPORTS PROGRAM?

- ✦ Children ages 3 to 18 years old
- ✦ Reside at home with their families
- ✦ Have a diagnosis of an autism spectrum disorder, intellectual disability or other developmental disability
- ✦ Funding resources accepted include the Department of Human Services (DHS) Home-Based Waiver and/or private pay

